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Group Gathering Guide



Unity Gatherings

Unity gatherings are a great way to connect with other like-hearted souls!

Group Gatherings should always have an intention for the gathering, place of gathering, + details including whether food/beverages will be provided, how many beings may attend, etc.

Examples of some unity gathering ideas:

- New Moon/Full Moon Gatherings
- Eclipse/Equinox Gatherings
- Group Activities such as yoga, breath work, sound bowl healing, drum circles, etc.
- Women's or Men's circles
- Group Ceremonies or Group Meditations
 - Celebrations
 - Meet + Greet
- Goods/Services exchange

Unity Gatherings

If you would like to host or coordinate a gathering, first pick your place!

If you have land or a home/space to gather in then you can start by determining how many beings you can host.

You can also choose to host a gathering at a public place like a beach, park, forest, sacred site, etc.

Next, feel into what type of gathering you would like to host, and what the intention of the gathering is.

Next, decide if this is a morning, afternoon or evening gathering and whether you feel to provide food/beverages or have everyone in the group bring something to contribute!

Moon Gatherings

If you would like to align your gathering with a New Moon, Full Moon, Eclipse, Equinox, Solstice or Portal Day, these are great days to use as intentions for group ceremonies and/or group meditations.

The energy and zodiac sign aligned with these dates can also be utilized to determine the intention of the gathering. For instance, if you feel to host a Solstice Gathering, these occur at the balance points of the year and so incorporating balance, harmony, and oneness is great for these.

Next, feel into what type of group ceremony and/or meditation you would like to host.

Examples include:

- Global Healing
- Anchoring of Light
- Cleansing of the Planet
- Peace on Earth

etc.

Group Activities

If you would like to align your gathering with group activities such as yoga, breathwork, sound bowls, drum circles, tarot reading, painting etc. then create the gathering around these activities.

The first step is knowing what you can provide to the gathering. If you are not experienced with these activities then it is wonderful to find someone in your local area who would like to lead the activity. This can help give back to local practitioners to support their craft and their skills.

Next, know what you may need to prepare for the space for these activities such as blankets, seating, pillows, chairs, refreshments. etc.

Make sure to tell your guests if there is anything they should bring!

Women's/Men's Circles

If you would like to align your gathering as a Women's Circle or Men's Circle, make sure to let all of your guests know the intention of the gathering and have a designated being to guide the group.

Women's Circle Intentions:

- Sharing personal stories
- Offering support + Guidance
- Holding space for those that wish to express emotions/feelings/etc.
- Cover topics like feminine empowerment, feminine healing, health, etc.

Men's Circle Intentions

- Sharing personal stories
- Holding space and support for all to express their emotions
- Covering topics like men's healing, wellness, divine masculine empowerment.

Celebrations/ Meet + Greet

If you would like to align your gathering as a celebration or meet and greet for like-hearted souls, then state the intention for the gathering so that all may share in the celebration. If you are hosting a meet + greet for others in your local area, make sure to have some areas of alignment for the gathering.

Examples:

- like hearted souls who all share in the mission of Ascension
- like hearted souls who all share a love of animals, healing work, or service
- like hearted souls who all share a love of art and artistic work
- like hearted souls who all share a love of music and instruments

These gathering are best done with unity over meals and activities.

Goods/Service Exchange

If you would like to align your gathering as an exchange of good or services, state the intention for each guest to bring a good or provide a service that is part of their passion or craft.

For example, one may bring handmade candles as their good to offer others in the group, or one may bring handmade jewelry or art. Others may provide services for the group such as massage healing, card reading, Astrology Readings, etc.

These gatherings are wonderful to bring together those who are passionate about their work and get to share it with others in the form of exchange. Equal Exchanges are beautiful ways to overcome the Matrix System of Money.

Preparing Your Space

Once you have decided on your intention and details of the gathering, now it's time to prepare your space!

Whenever we have 2 or more beings who gather, it creates a Unified Field of Love. The more beings that gather together under the same intention, the more powerful the field becomes.

Preparing your space begins with cleaning + cleansing. Cleaning your home or space and allowing fresh energy to come in. You may also cleanse your space using sage, incense, crystals, etc.

Next, prepare your space with anything you are guided to which will keep the vibration of the space high, such as flowers, crystals, candles, music, etc.